



PLAYER SUSPENSION NOTIFICATION

Player	Club	Match	Date of Game
Offence	Description	Penalty	X
R1	Guilty of serious foul play	2 Games	
R2	Guilty of violent conduct	3 Games	
R3	Spits at an opponent or any other person	12 Months	
R4	Denies the opposing team a goal or an obvious goal scoring opportunity by deliberately handling the ball (this does not apply to a goalkeeper within his own penalty area)	1 Game	
R5	Denies an obvious goal scoring opportunity to an opponent moving towards the player's goal by an offence punishable by a free kick or a penalty kick	1 Game	
R6	Uses offensive or insulting or abusive language and/or gestures	1 Game	
R7	Receives a second caution in the same match	1 Game	
2 Red	Sent off for 2 nd time in season	Susp + 1	
3 Red	Sent off for 3 rd time in season	Disc Committee	
4 Yellow	Received 4 yellow cards in season	1 Game	
8 Yellow	Received 2 nd set of 4 yellow cards in season	2 Games	
12 Yellow	Received 3 rd set of 4 yellow cards in season	Disc Committee	
Other			

The player will be ELIGIBLE to play again for his own age group on the following game:

Match:		Date of Game:	
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